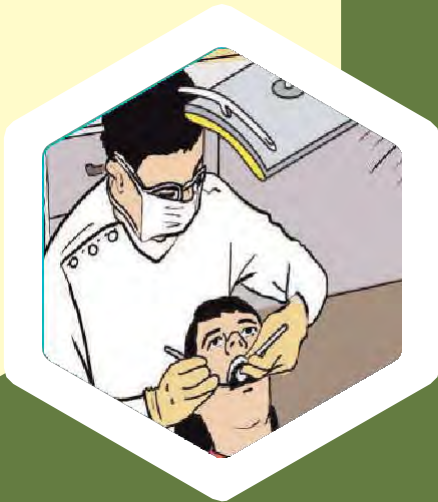


Unit 7

Health Care



We will learn:

- Talking about scientific facts
- Giving advice about dental care
- Talking about health experiences
- Describing trips and adventures

"Like education, healthcare also needs to be given importance."

– Shiv Nadar

Yal Kuwait . com

يالكويت

Yal Kuwait





Health Care

Listening tips



Lesson 1

Listening



Hello my friends, Why do you think people go to the **dentist**?



Think about what is being said



Listen to the recording about a visit to the dentist to decide if the following sentences are true (T) or false (F). Then, correct the false ones



1- Nasser's dentist **appointment** is at four o'clock. ()

2- The dentist will write that Nasser's teeth are healthy in his **notes**. ()



Listen to the recording again, then answer the following questions

1- What does the word '**twice**' mean? ما عنى كلمة مرتين
Two times

2- Why does Nasser use the dentist's **light**? لهذا انتخدم ناصر الضوء والخاص بيطيب الأسنان
To find the earrings

Pronunciation نطق



Add -s to the following words and put them under the correct heading according to their pronunciation

way

/s/

/iz/

/z/

brush

book's

races

words

month

months

brushes

ways

Lesson 2

Grammar

قواعد



If I **walk** everyday, I **will be** fit.

If he **eats** too many sweets, he **will have** bad teeth.

If you **don't look after** your teeth, you **will need fillings**.

Speaking



Look at the pictures and discuss with your partner what will happen if you



If you are late



If you exercise regularly

you will be fit



If you have a **toothache**

you will have a toothache

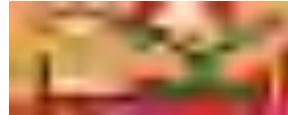


Complete the sentences with the correct form of the verbs

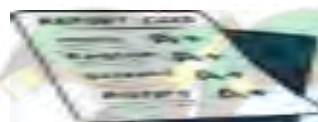


1- If you **don't wash** your hands, they (be) ...**will be**...dirty.

months



2- If my brother **sleeps** (sleep) early, he **will get up**



3- If my sister **studies** (study) hard, she **will get high marks**

Compare your answers with your friend

My friend gets





Lesson 3

Reading



Before you read

أي أجزاء من الجسم استخدم في الجمل التالية

Which parts of the body did he use in the following sentences?

sleeps

Legs أرجل

Eyes أعين

I had a walk in the park. I saw many beautiful trees.

I took a deep breath of fresh air. I smelled lovely flowers.

Nose أنف

Nose أنف



Science Journal

We have five senses that help us learn about the world around us. They are; tasting, seeing, touching, smelling, and hearing. These senses usually work together to give us a **clear** picture of all things. If one sense is not working because of an **illness**, then the other senses will be stronger to make up for the **missing** one.

Teeth are strong because they have to keep working for many years.

Healthy **gums** are also very important. They help to hold our teeth in place. If you want to keep your teeth and gums healthy, you shouldn't eat too much sweets or **sticky** food.

We have four types of teeth, and each one has a special **function**. The first type is sharp. We use it to **bite** food. The second type is to **tear** food. The third and fourth types have flat tops to **grind** food.

لدينا خمسة حواس تساعدنا للتعرف
على العالم من حولنا. هم التذوق،
الرؤية، اللمس، السمع، اللمس،
الشم والسمع. هذه الحواس
تعمل معاً لتعطينا صورة واضحة
لجميع الأشياء. إذا كان
واحد من هذه الحواس لا يعمل
بسبب المرض، فإن الحواس الأخرى
تتقوى لتعويض الحاسة المفقودة.

الأسنان قوية لأنها يجب أن تستمر
في العمل لسنوات عديدة، لهذا
الأسنان هي مهمة جداً أيضاً في
ساعتنا على حمل أسناننا في المكان.
إذا لم تسترغب في الحفاظ على
صحة أسناننا، فسنحتاج إلى
التغيير من الحلوى أو الأطعمة اللزجة.

لدينا أربعة أنواع من الأسنان، ولكل منها وظيفة
خاصة. النوع الأول جادن تستخدمه لقطع الطعام
الصلب والثقيل. النوع الثاني هو تمزيق الطعام. النوع الثالث
هو الراب على هي مهم من سطح لطحن الطعام.

اقرأ وأجب على الأسئلة



Read and answer the following questions

1- Why do our senses work together?
لماذا تعمل حواسنا معاً
to give us a clear picture of all things.
لتعطينا صورة واضحة للأشياء.

2- What will happen if you eat too much sweets?
My teeth will get toothache and they will be weak



Read again to complete the diagram below

وظائف الأسنان

bite food يقطع الطعام

grind food يطحن

Different
functions of the
teeth

tear food يمزق

أنواع الأسنان the types of the teeth

Lesson 4

Pronunciation

Hurry up ! We are late for the appointment.



Punctuate the following ضع علامات الترقيم

1- watch out the cup is hot

 Watch out ! the cup is hot.

2- why are you late today

 Why are you late today ?

✓ value

Healthy body
 Healthy mind



Writing

Before you write

السؤال زيك ما اذا فينجل الاشع عربالمرض



Ask your partner what he/she will do if he/she feels sick



Fill in the graphic organizer, then write a paragraph about 'A Visit to a Doctor'. The idea box below may help you

- 1- When you visited the doctor
- 2- Why you visited the doctor
- 3- What the doctor advised you to do
- 4- Your feeling after the visit

Too
 sick- medicine- eat
 healthy-rest-better



Writing tips

Organize your ideas before you begin

Topic sentence

I visited the doctor. because I was sic

Detail 1

I visited the doctor
 yesterday.

I went with my father.

Detail 2

The doctor advised me eat
 Healthy food

Detail 3

Gave medicine

Rest

Feel better.

Lesson 5

Listening



Before you listen

When do children start losing their baby teeth?



Listen to the recording and choose the correct answer from a, b, c and d



1- The best title for this article is:

- a. Healthy Teeth
- b. Baby Teeth
- c. At the Dentist's
- d. Healthy and Unhealthy Food

2- The opposite of the word 'lose' is:

- a. look
- b. find
- c. need
- d. forget

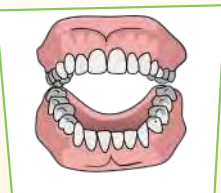
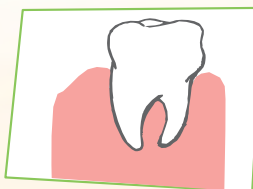
3- According to the article one of the following statements is NOT TRUE:

- a. Children have 25 baby teeth
- b. Adults usually have 32 teeth
- c. You should brush your gums twice a day
- d. You should visit the dentist when you have bad teeth

Speaking



Ask your partner what will happen if you **don't** look after your teeth using the following toolkit



Too
gums- toothache-
bad teeth - fillings



Grammar

We add "y" to change from nouns into adjectives

Example:

wind + y = windy

fun + y = funny

noise + y = noisy



Add "y" to change the nouns into adjectives.

Then use two of them to write two sentences in your notebook.

stick	→	Sticky
health	→	Healthy
sun	→	Sunny
shine	→	Shiny

Lesson 6

Reading



Before you read

لماذا الرحلات مهمة؟ Why are trips important?



Read the story below and write a title

Harry in the jungle

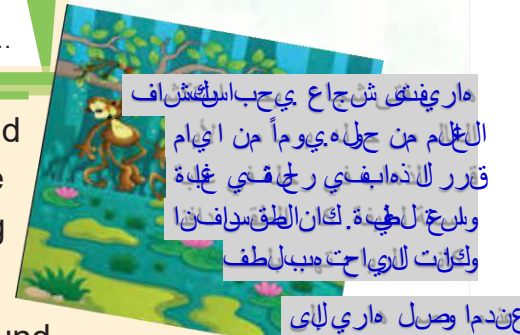
Harry is a brave boy. He likes to explore the world around him. One day, he decided to go on a trip in a **pleasant** wide jungle. The weather was warm and the wind was blowing **gently**.

When Harry arrived at the jungle, he kept looking around for different kinds of animals, rare birds and insects. Suddenly, he saw a group of monkeys jumping from one tree to another. He liked the way these **intelligent** monkeys communicate together through different sounds and body movements.

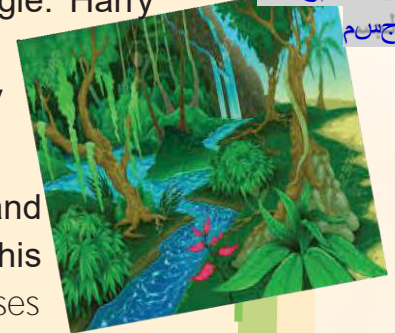
One monkey came close to Harry and Harry touched the monkey's hand **bravely**. He also saw some ducks swimming in the lake.

A nice smell was coming from the other side of the jungle. Harry followed the smell until he reached a huge tree that was strange to him. It was a willow tree with **narrow** leaves **surrounded** by beautiful flowers.

Harry was tired and hungry, so he sat under the tree and started eating his vegetables and tasty chicken strips from his lunch box. He was very happy and believed that his five senses helped him understand and explore the world around him.



عندما وصل هاري لى الغابة ، ظل يمشي لى انوع الخنازير من الحيوانات والطيور والادرة الى شرا تفجأة رأى مجموعة من القردة تقفز فى شجرة لى اخرى قد احب الطيور التي تتواصل بها مثل قردة اللحية من خلال الاصوات المختلفة وحرركات الاجسام





Lesson 7



Read the story again then complete the story map

<p>Place How he used his sense of sight</p> <p>he kept looking around he saw group of monkeys</p>	<p>Smell How he used his sense of smell</p> <p>A nice smell was coming followed the smell</p>
<p>The character <i>أي فتص فلش خبرية</i> How you describe him</p> <p>Harry is a brave boy. He likes to explore the world around him</p>	
<p>Sound How he used his sense of hearing</p> <p>How he used his sense of hearing monkeys communicate together through different</p>	<p>Food How he used his sense of tasting?</p> <p>How he used his sense of tasting started eating his vegetables and tasty chicken strips.</p>
<p>Conclusion How he felt</p> <p>His five senses helped him understand and explore the world around him</p>	



Think about another ending to the story and write it *فكترفين طية أخرى*

Harry didn't find food, so he followed the smell and found honey in the tree.
He ate and felt happy .

هاري ليجد طعم امل لافتب ع الرطحة ووجد عسل في شجرة . فكلوش عربال عادة

Speaking

There was an unpleasant smell coming from the old box.



Add "un-" and write sentences using the new words

Adjectives	-un	sentence
safe	unsafe	Going into the jungle is unsafe
happy	unhappy	I felt unhappy to be lost in the mall.

Lesson 8

Writing

كتابة مقالة عن يوم صحي



Fill in the graphic organizer, then write a paragraph about 'A Healthy Day'.

Idea Box

1. The kind of food you ate
2. Healthy things you did
3. How you felt
4. A piece of advice you gave to your friend

Too

Brush - exercise - milk
- excited - fresh fruits -
vegetables - sleep early



Topic Sentence

Yesterday I had a healthy day

Writing tips

Don't forget to use the checklist

Detail 1

In the morning
Brush teeth
Drink milk

Detail 2

Do exercises
Eat fresh fruit / vegetables
Sleep early

Conclusion

I felt better at the end
of the day

Editing Checklist

Punctuation (capitals – full stop)	<input type="checkbox"/>
Spelling	<input type="checkbox"/>
Grammar	<input type="checkbox"/>
Sequence of ideas	<input type="checkbox"/>



Now, write your paragraph الآن كتابة مقالة

Yesterday was a healthy day. I get up early, I brushed my teeth and I drank milk. At lunch I had fresh vegetables and fruit. I do exercises and slept early.

كان يوم أمس يومًا صحيًا. لم أتحقق ظمت بملئها فشرحت أسنانني وشربت لبن في الغداء. كان

لي الخبز اوات الطازج فالوفنوكه أقوبلن ماون وانام بأكراً .